



Sensory and Animal Assisted Activities

HorseBuds Inc. 16696 County Road 70, Greeley CO 80631

### *Benefits of Equine Assisted Activities (PATH International programs)*

#### ***Programs: HorseBuddies, Wild About Veterans, Curlies for the Cure***

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1. Horses help us focus in the moment and forget outside stresses.
2. Builds confidence through leadership skills and organizational skills.
3. Empathy develops from understanding the horse and it's needs for security.
4. Social interaction, and engagement through working with horses helps develop communication skills and relationships with peers and animals.
5. Develops problem-solving skills, self-control, accountability, and responsibility.
6. Inclusive of the entire family, working with animals helps with family bonding and sibling conflicts by improving patience, teamwork, self-discipline and compassion.

### *Benefits of the Movement Method (Horse Boy Method™)*

#### ***Programs: Sensory Saturdays, Preschool Art & Sensory Play***

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1. Provides exercise, movement, and kinesthetic activities in nature and is inclusive of all-abilities.
2. Provides good sensory stimulation in a safe, stress-free environment.
3. Provides practice for transitions between activities through activities such as climbing, hiking, balancing, horse handling, games, arts, crafts and educational farm activities.
4. Social interaction, and engagement through working with horses helps develop communication skills and relationships.
5. Movement and intrinsic motivation promote long-term learning.
6. Inclusive of the entire family, working with animals helps with family bonding and sibling conflicts.

## *Covid-19 Liability Release*

The staff and volunteers at HorseBuds, Inc. and I understand that **people with the following may be at higher risk for severe illness from COVID-19:** moderate to severe asthma; diabetes; kidney disease (treated by dialysis); age 65 or older; immunocompromise; chronic lung disease; serious heart conditions; severe obesity; or liver disease.

**Risk Potential For Participant** (check all that apply)

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\_\_\_\_\_ Participant is at a higher risk due to one of the above listed conditions

\_\_\_\_\_ or other condition \_\_\_\_\_.

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**Protection of Others - I agree to do the following:**

Cancel my appointment

—if I have experienced (or I have been in contact with someone that has experienced) any symptoms of COVID-19 in the past 2 weeks.

—if I have a new cough, fever and shortness of breath in the last 72 hours.

—if I have had two or more of these symptoms that are new in the last 72 hours: Chills, muscle aches, severe headache, sore throat, runny nose (not due to allergies), vomiting, diarrhea, loss of smell or loss of taste.

**Weighing of Risks and Benefits:**

I understand that COVID-19 carries with it the risk of serious illness, hospitalization, and even death. I further understand that I must weight the benefits of my participation or my child's participation in the HorseBuds' programs against the risks. I further understand that if I make the determination to participate that I assume the risks of that decision and release HorseBuds from any liability related to COVID-19.

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**After assessing the risk/benefit specifically for [GENERAL PUBLIC FARM EVENTS, PATH Programs, and/or Horse Boy Programs](#) I agree that the benefits outweigh the risks and that participation at HorseBuds, Inc. is appropriate at this time.**

Print name \_\_\_\_\_

**Please sign below: Participant's signature or parent's signature if participant is a minor.**

\_\_\_\_\_ **Date:** \_\_\_\_\_

**Program Manager Signature:**

\_\_\_\_\_ **Date:** \_\_\_\_\_